

COVID Safe Plan

Last updated 1/5/2023

*The health and safety of our patients and staff remains of utmost importance. We are continuing to adhere to changes in Government regulations and adjust our practices and procedures as required.
Our aim is to continue to provide essential health services in an environment where the risks of exposure to COVID-19 is managed to the best of our ability.*

Screening

- Patients are asked not to attend the Clinic if they are feeling unwell.
- Practitioners and staff have been advised not to come to work if they are feeling unwell or have any symptoms related to COVID-19, and to complete a RAT. If they test positive, they are not to return to our premises until a self-isolation period of 5 days is completed and they are symptom free.

Attendance/Record Keeping

- Our computerised record keeping system documents the date and time of attendance for all patients. Contact details for all patients are maintained in the record keeping system.
- The names of all practitioners and reception/administration staff working each day are documented. The Clinic holds the contact details of all practitioners and staff.
- Our Clinic is compliant with the Victorian Government's mandatory vaccination requirements. Practitioner and staff vaccinations status is recorded.

Hygiene & Cleaning

- Hand sanitiser is in place in multiple sites throughout the premises for staff, practitioners and patients.
- Practitioners have completed the Australian Government Department of Health's COVID-19 Infection Control Training Course.
- Disinfection wipes or medical grade disinfection spray and paper towels are in use in consultation rooms and other areas such as the exercise area and reception.
- Medical grade disinfection spray and paper towels are in each room for practitioners to clean treatment couches.
- Disposable sheets are available to be used on the treatment couches or to cover pillows, if required.
- Any towels or the like are only for individual/single use.
- In the exercise area all users are asked to wipe down the equipment (with disinfection wipes or disinfection spray and paper towels) both before and after use.
- Shared items such as magazines, toys and reusable cups have been removed from the waiting rooms. We encourage people to bring their own water bottle if required.
- Our premises are thoroughly cleaned daily by Natures Angels PL.

Safety and Personal Protective Equipment (PPE)

- While masks are no longer mandatory on our premises, we respect a patient's preference to wear a mask and practitioners will offer to also wear a mask when consulting them.

Physical Distancing and Limiting Workplace Attendance

- The number of chairs in our waiting areas have been reduced (from pre-COVID) and the remainder spread out to allow for the required physical distancing.
- When exercise equipment is used as part of the treatment/rehabilitation program, physical distancing must be adhered to.
- Telehealth consults are available for as many of our services and with as many of our practitioners as possible.
- Staff that are able to work from home all/some of the time have been set up to and are doing so.

GENERAL HEALTH INFORMATION:

To stay informed and up to date with the latest information go to the Department of Health and Human Services (DHHS) website: <https://www.dhhs.vic.gov.au/coronavirus>

The DHHS has also established a hotline where any member of the public can call to seek information on COVID-19 on 1800 675 398.

For further health information the number for Victoria's 'Nurse on Call' is: 1300 60 60 24.