

2019 Sports Trainers Courses

Presented by:

**ALPHINGTON
SPORTSMEDICINE
EXERCISE+REHAB**

On behalf of:



Sports Trainers Course (NFNL & AFL Accredited)

- Pre-requisite: Current First Aid and CPR certificates
- NFNL requirement for all senior club/team trainers
 - 8hr course. \$200 pp (Ex. GST)
 - Min 8 - Max 16 participants
- BYO lunch. Morning & Afternoon Tea provided

DATES AVAILABLE:

(At Alphington Sports Medicine Clinic)

9am - 5pm Sunday 24 February 2019

9am - 5pm Sunday 31 March 2019

6-10pm Monday 15 & 29 April 2019

9am - 5pm Sunday 19 May 2019

Additional Education Sessions

*The following qualify as PD requirements for ongoing Sports Trainer (AFL) accreditation.
Pre-requisite: A current Sports Trainers certificate.*

Knee Injuries

Expand on your knee injury management
2 hour course. Lecture + practical (taping). FREE
7-9pm Monday 25 March 2019 at Latrobe Uni

Shoulder Injuries

Expand on your shoulder injury management
2 hour course. Lecture + practical (taping). FREE
7-9pm Monday 6 May 2019 at Latrobe Uni

Registrations via NFNL:

<http://nfnl.org.au/volunteer-accreditation-and-registration-forms/> or Phone 9435 8228