

2024 Sports Trainer Courses + Continuing Education Sessions

www.alphingtonsportsmed.com.au



SPORTS TRAINERS COURSE - LEVEL 1

Pre-requisite: Current First Aid and CPR certificates.

NFNL & AFL requirement for trainers (junior & senior),
unless a Qualified Medical Professional (QMP).

BYO lunch. Morning & Afternoon Tea provided.

8hr course. \$275 (Inc. GST).

Min 8 - Max 16 participants.

Dates:

9am - 5pm Sunday 24 March

6 - 10pm Monday 8 & 15 April
(you must attend both sessions)

9am - 5pm Sunday 5 May

6 - 10pm Monday 13 & 20 May
(you must attend both sessions)



ADDITIONAL EDUCATION SESSIONS FOR SPORTS TRAINERS

Expand your injury management knowledge and skills in these specific areas.

Pre-requisite: Current Sports Trainers certificate. 2hr course. \$38.50 (Inc. GST). Min 8 participants.

▲ Groin & Hamstring Injuries

Lecture + practical (taping).
7-9pm Wednesday 29 May

▲ Ankle Injuries

Lecture + practical (taping).
7-9pm Wednesday 5 June

Courses will be held at La Trobe Uni, Bundoora or Alphington Sports Medicine

Registrations via Northern Football Netball League: Ph 9435 8228
<https://nfnl.org.au/sports-trainers-first-aid-courses/>

