



**2022
Sports
Trainer
Courses &
Continuing
Education**

For the:



Presented by:

**ALPHINGTON
SPORTSMEDICINE
EXERCISE+REHAB**
www.alphingtonsportsmed.com.au

Sports Trainers Course

Pre-requisite: Current First Aid and CPR certificates.

NFNL requirement for all senior club/team trainers.

8hr course. BYO lunch. Morning & Afternoon Tea provided.

\$200 pp (Ex. GST). Min 8 - Max 16 participants.

DATES: 9am - 5pm Sunday 27 March | 6-10pm Monday 4 & 11 April

9am - 5pm Sunday 15 May | 6-10pm Monday 30 May & 6 June



Additional Education Sessions for Sports Trainers

These qualify as PD requirements for ongoing Sports Trainer accreditation. Pre-requisite: Current Sports Trainers certificate.



Incident Management & Concussion

Improve your confidence in & ability to deal with serious injuries, incl. concussion
2 hour sponsored (FREE) information session. 7-9pm Wednesday 27 April.



Knee Injuries

Expand your knee injury management knowledge & skills.
Lecture + practical (taping). Min 8 participants.
2 hour course. \$25pp (Ex. GST). 7-9pm Monday 20 June.



Shoulder Injuries

Expand your shoulder injury management knowledge & skills.
Lecture + practical (taping). Min 8 participants.
2 hour course. \$25pp (Ex. GST). 7-9pm Monday 4 July.

Courses will be held at La Trobe Uni, Bundoora or Alphington Sports Medicine

Registrations via Northern Football Netball League: Ph 9435 8228

<http://nfnl.org.au/volunteer-accreditation-and-registration-forms/>