



**2022  
Sports  
Trainer  
Courses +  
Additional  
Education &  
Information  
Sessions**

For the:



Presented by:

**ALPHINGTON  
SPORTSMEDICINE  
EXERCISE+REHAB**  
www.alphingtonsportsmed.com.au

## Sports Trainers Course

Pre-requisite: Current First Aid and CPR certificates.

EDFL requirement for all club/team trainers.

8hr course. BYO lunch. Morning & Afternoon Tea provided.

\$200 pp (Ex. GST). Min 8 - Max 16 participants.

DATES: 9am-5pm Sunday 20 March

6-10pm Monday 2 & 9 May

9am-5pm Sunday 5 June



## Additional Education Sessions for Sports Trainers

*These qualify as PD requirements for ongoing Sports Trainer accreditation. Pre-requisite: Current Sports Trainers certificate.*



### Incident Management & Concussion

Improve your confidence in & ability to deal with serious injuries, incl. concussion  
2 hour sponsored (FREE) information session. 7-9pm Wednesday 11 May.



### Shoulder Injuries

Expand your shoulder injury management knowledge & skills.  
Lecture + practical (taping). Min 8 participants.  
2 hour course. \$25pp (Ex. GST). 7-9pm Monday 11 July.

Location: EDFL Head Office: 78a Napier Street, Essendon

Registrations via EDFL: <https://form.jotform.com/210547946012856>

Queries to: Pauline Leslie, Manager Senior Football & Netball via 9373 2712