



**2021
Sports
Trainer
Courses +
Additional
Education &
Information
Sessions**

For the:



Presented by:

**ALPHINGTON
SPORTSMEDICINE
EXERCISE+REHAB**
www.alphingtonsportsmed.com.au

Sports Trainers Course

Pre-requisite: Current First Aid and CPR certificates.
NFNL requirement for all senior club/team trainers.
8hr course. BYO lunch. Morning & Afternoon Tea provided.
\$200 pp (Ex. GST). Min 8 - Max 16 participants.
2021 dates available: 9am - 5pm Sunday 28 March |
6-10pm Monday 19 & 26 April | 9am - 5pm Sunday 16 May



Additional Education Sessions for Sports Trainers

These qualify as PD requirements for ongoing Sports Trainer accreditation. Pre-requisite: Current Sports Trainer certificate.

Incident Management

Improve your confidence in and ability to deal with serious injuries, including concussion.
Sponsored (FREE) information session.
7-9pm Wednesday 5 May.

Knee Injuries

Expand your knee injury management knowledge & skills.
Lecture + practical (taping). Min 8 participants.
\$25pp (Ex. GST). 7-9pm Monday 21 June.

Location: La Trobe University, Bundoora

Registrations via Northern Football Netball League: Ph 9435 8228
<http://nfnl.org.au/sports-trainers-first-aid-courses/>