

GROUP EXERCISE CLASS TIMETABLE

Effective 1 February 2020

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00AM					7.00-7.30am		
	7:15-7:45am	7:15-7:45am					
			7:30-8:00am	7:30-8:00am	7:30-8:00am		
	7:45-8:15am	7:45-8:15am					
			8:00-8:30am	8:00-8:30am	8:00-8:30am	8:00-8:30am	
	8:15-8:45am	8:15-8:45am					
			8:30-9:00am	8:30-9:00am	8:30-9:00am	8:30-9:00am	
		8:45-9:15am					
	9:00-9:30am		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am	
		9:15-9:45am				oree ereeum	
	9:30-10:00am	0.20 0.100	9:30-10:00am	9:30-10:00am	9:30-10:00am	9:30-10:00am	
	3,30 10,000,111	9:45-10:15am	3130 201000111	3130 201000111	3130 101000111	3.30 10.00am	
	10:00-10:30am	3.43 10.13411	10:00-10:30am	10:00-10:30am	10:00-10:30am	10:00-10:30am	
	20.00 20.30411	10:15-10:45am	20.00 20.30411	20.00 20.30411	20.00 20.30411	23.00 13.30dill	
	10:30-11:00am	10.13 10.43411	10:30-11:00am	10:30-11:00am	10:30-11:00am	10:30-11:00am	
	10.30-11.00am	10:45-11:15am	10.30-11.00am	10.30-11.00am	10.30-11.00am	10.30-11.00am	
	11:00-11:30am	10.45-11.156111			11:00-11:30am	11:00-11:30am	
	11.00-11.30aiii				11.00-11.30aiii	11.00-11.30aiii	
	11:30-12:00pm				11:30-12:00pm	11:30-12:00pm	
	11.30-12.00piii				11.30-12.00pm	11.30-12.00μπ	
12.00PM	12:00-12:30pm	12:00-12:30pm	12:00-12:30pm	12:00-12:30pm	12:00-12:30pm	12:00-12:30pm	
12.00PW	12.00-12.30μπ	12.00-12.30pm	12.00-12.30pm	12.00-12.30pm	12.00-12.30pm	12.00-12.30μπ	
	12:30-1:00pm	12:30-1:00pm	12:30-1:00pm	12:30-1:00pm	12:30-1:00pm		
	12.50-1.00μπ	12.50-1.00μπ	12.50-1.00piii	12.50-1.00μπ	12.50-1.00piii		
					1,00 1,2000		
					1:00-1:30pm		
					1.20 2.00		
					1:30-2:00pm		
E 00004	E 00 E 20	E 00 E 20	E 00 E 00	E 00 E 00	E 00 E 20		
<u>5.00PM</u>	5:00-5:30pm	5:00-5:30pm	5:00-5:30pm	5:00-5:30pm	5:00-5:30pm		
	5.20.6.00	5 20 6 00	F 20 C 00	5 20 6 00	F 20 C 00		
	5:30-6:00pm	5:30-6:00pm	5:30-6:00pm	5:30-6:00pm	5:30-6:00pm		
	6:00-6:30pm	6:00-6:30pm	6:00-6:30pm	6:00-6:30pm			
	6.20.7.60	6.20.7.60	6.20.7.60	6.20.7.60			
	6:30-7:00pm	6:30-7:00pm	6:30-7:00pm	6:30-7:00pm			
	7:00-7:30pm	7:00-7:30pm	7:00-7:30pm	7:00-7:30pm			
	7:30-8:00pm	7:30-8:00pm	7:30-8:00pm	7:30-8:00pm			
	8:00-8:30pm						

Packages: 10 Visit passes are available to purchase at reception

Please note: **Cancellation fees** do apply if you **fail to attend** or do not **provide 24 hours notice**.

All **packages** are **non-refundable** and are **valid for 12 months** from **date of purchase**.

Classes are **subject to change** due to unforeseen circumstances and number of class participants.